



---

## ***GWO - Global Wind Organization - Sea Survival Refresher***

---

GWO - Global Wind Organization - Sea Survival Refresher

**Purpose:**

To refresh the student's knowledge, skills and attitude so he will be able to work safely in the offshore wind turbine industry and could act safely in case of an emergency. Furthermore the student should be able to improve their safety by use of the right safety equipment and procedures.

**Aim:**

Through theoretical and practical exercises this module ensures that participants will be able to:

- Demonstrate knowledge about the hazards and symptoms of hypothermia and drowning
- Show an understanding of the advantages and limitations of various types of LSAs, PPEs and PFPEs that are generally used in the offshore wind turbine industry and that participants can wear them and pack them correctly
- Have knowledge about risks in connection with transfer (dynamic/static-static/dynamic).
- Could perform safe transfer from ship to quay, ship to foundations
- Have knowledge about safety- and emergency procedures at installations, ships and WTG
- Could carry out rescue and first aid treatment at man over board situations
- Could carry out evacuation and joint survival techniques at sea
- Execute evacuations from WTGs at sea with the assistance of a "constant rate descender"

**Prerequisites:**

A Medical Assessment schema should be filled in before course starts.

GWO Basic Sea Survival Course should be accomplished before the course.

The course certificate must not be older than 2 years.

Duration: 1 day



---

## **Program for GWO - Global Wind Organization - Sea Survival Refresher**

### Day 1:

0800 - 0815 Theory	Introduction 1.1 Safety instructions and emergency procedures 1.2 Facilities 1.3 Introduction 1.4 Scope and main objectives 1.5 On-going assessment (Control measures) 1.6 Motivation
0815 - 0825 Theory	Personal Life Saving Appliances and PPE 2.1 Personal LSA and PPE
0825 - 0835 Theory	Exposure, hypothermia and drowning 3.1 Exposure 3.2 Hypothermia 3.3 Drowning
0835 - 1135 Practical	Sea Survival Exercise 4.1 Sea Survival techniques
0945 - 1000 Coffee	Coffee 4.2 Emergency descent 4.3 Life raft 4.4 Helicopter rescue from water 4.5 Summary by exercise
1135 - 1200 Lunch	Lunch
1200 - 1510 Practical	Transfer exercises 5.1 Dock to vessel 5.2 Vessel to WTG 5.3 Man over board
1510 - 1525 Coffee	Coffee
1525 - 1545 Theory	Evaluation 6.1 Summary 6.2 Evaluation 6.3 Certificate