



GWO - Global Wind Organization - First Aid Training

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Purpose:

To enable participants working in the wind turbine industry and a WTG environment to offer good first aid.

In general, the course provides participants with basic knowledge and skills to enable them to work safely in the wind turbine industry. As such, the course meets the requirements for new employees and the handling of emergency situations in the wind turbine industry.

Aim:

Through theoretical and practical exercises (in compliance with GWO's first aid training), the course ensures that participants will be able to:

- Understand the importance of offering first aid in a safe and appropriate way in compliance with the requirements of laws governing the geographical areas in which the participants work, and in relation to ERC and AHA guidelines
- Identify and explain the normal functions and vital signs of the human body as well as the characteristics and symptoms of both serious and less harmful injuries and diseases
- Understand and react to emergency situations in a WTG environment by using the correct routine
- Offer life-saving first aid by using the A-B-C method
- Use an automated external defibrillator (AED)
- Give general first aid
- Use first aid equipment correctly during drills.

Prerequisites: Filled in Medical Assessment schema before course starts.

Duration: 2 days



Programme for GWO - Global Wind Organization - First Aid Training

Day 1:

0800 - 0815 Theory	Introduction 1.1 Safety instructions and emergency procedures 1.2 Facilities 1.3 Introduction 1.4 Scope and main objectives 1.5 On-going Assessments (Control procedures) 1.6 Motivation
0815 - 0840 Theory	Legislation 2.1 Global legislation 2.2 Regional legislation 2.3 First Aid Guidelines ERC - AHA 2.4 Risks and hazards
0840 - 0930 Theory	Anatomy 3.1 Life conditions for the human body 3.2 Structure, functions and signs – the human body 3.3 Serious and minor injuries – signs symptoms and function 3.4 Serious and minor illness – signs symptoms and function 3.5 Use of anatomy and first aid in emergency situations 3.6 Understanding of personal hygiene
0930 - 0940 Coffee	Coffee
0940 - 1030 Theory	Management of an incident 4.1 Management of an incident 4.2 Safety awareness in an emergency situation 4.3 Primary and secondary incidents Emergency rescue teams
1030 - 1420 Practical	Lifesaving First Aid ABC - primary survey 5.1 Primary survey A-B-C 5.2 Unresponsive 5.3 Unresponsive and not breathing



1200 - 1230 Lunch	Lunch 5.4 CPR 5.5 Obstruction of airways 5.6 Bleeding – externally and internally 5.7 Shock
1420 - 1600 Practical	AED 6.1 Theory and technical specification 6.2 AED safety procedures 6.3 Correct use of an AED
<u>Day 2:</u>	
0800 - 0900 Theory	Ordinary First Aid 7.1 Managing minor incidents 7.2 Minor to serious incidents 7.3 Psychological first aid
0900 - 1430 Practical	Scenario based training 8.1 Primary scenarios/exercises 8.2 Secondary scenarios/exercises
0945 - 1000 Coffee	Coffee
1200 - 1230 Lunch	Lunch
1430 - 1445 Coffee	Coffee
1445 - 1515 Theory	Evaluation 9.1 Summaring 9.2 Evaluation 9.3 Certificates