



GWO - Global Wind Organization - First Aid Training Refresher

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Purpose:

To refresh knowledge for participants working in the wind turbine industry and a WTG environment to offer good first aid continued. In general, the course provides participants with basic knowledge and skills to enable them to work safely in the wind turbine industry. As such, the course meets the requirements for new employees and the handling of emergency situations in the wind turbine industry.

Aim:

Through theoretical and practical exercises (in compliance with GWO's first aid training), the course ensures that participants will be able to:

- Understand the importance of offering first aid in a safe and appropriate way in compliance with the requirements of laws governing the geographical areas in which the participants work, and in relation to ERC and AHA guidelines;
- Identify and explain the normal functions and vital signs of the human body as well as the characteristics and symptoms of both serious and less harmful injuries and diseases;
- Understand and react to emergency situations in a WTG environment by using the correct routine;
- Offer life-saving first aid by using the A-B-C method;
- Use an automated external defibrillator (AED);
- Give general First Aid;
- Use first aid equipment correctly during drills.

Prerequisites: Filled in Medical Assessment schema before course starts. Have fulfilled GWO Basic First Aid Training. The course certificate must not be older than 2 years.

Duration: 1 day



Programme for GWO - Global Wind Organization - First Aid Refresher Training

0800 - 0815 Theory	Introduction 1.1 Safety instructions and emergency procedures 1.2 Facilities 1.3 Introduction 1.4 Scope and main objectives 1.5 On-going Assessments (Control procedures) 1.6 Motivation
0815 - 0830 Theory	Global legislation 2.1 Global legislation 2.2 National legislation 2.3 Risks and hazards 2.4 First Aid Guidelines
0830 - 0945 Theory	Anatomy 3.1 The human body's life conditions 3.2 Use of anatomy and First Aid in emergency situation 3.3 Understanding of personal hygiene
0945 - 1000 Coffee	Coffee
1000 - 1100 Theory	Life-saving First Aid and Primary Survey (A-B-C) 4.1 Primary Survey (A-B-C) 4.2 Unresponsive 4.3 Unresponsive, not breathing 4.4 CPR 4.5 Obstruction of airways 4.6 Bleeding, internal and external 4.7 Shock
1200 - 1245 Lunch	Lunch
1100 - 1345 Practical	Practical exercises Choose one of the 5 exercises for instruction: 5.1 Exercise 1 - Psychological efforts of First Aid 5.2 Exercise 2 - Sudden sickness and environmental factors 5.3 Exercise 3 - Types of trauma



	5.4 Exercise 4
	- Incident management and situational awareness
	5.5 Exercise 5
	- Complex incident with several casualties
1345 - 1545 Practical	Practice First Aid techniques
	6.1 Exercise in First Aid techniques
1545 - 1600 Theory	Evaluation
	9.1 Summary
	9.2 Evaluation
	9.3 Certificates