



Confined Space Refresher

PURPOSE:

On the course participants refresh their skills in working in small, enclosed spaces, including planning, risk assessment, evacuation and rescuing a colleague, breathing protection and detection of gases..

AIM:

After ended course the student will have the:

- Ability to identify risks and minimize them.
- Ability to carry out evacuation and begin rescue of a colleague using the correct rescue equipment.
- Ability to use escape respirators.
- Ability to work in a Confined Space using respiratory protection with an airline system.
- Ability to use a portable gas detector.

Prerequisite: Have passed the Basic Confined Space Course - 2 days

Duration: 1 day



Programme for Confined Space

Day 1:

0800 - 0815 Theory	Welcome & Introduction
0815 - 1000 Theory	Confined Space theory <ul style="list-style-type: none">• Risk assessment at work in closed rooms• Safety equipment and user control• Detecting equipment
1000 - 1015 Coffee	Coffee
1015 - 1100 Practical	Full supplied breathing equipment <ul style="list-style-type: none">• Use of escape apparatus
1100 - 1200 Practical	Exercise presentation <ul style="list-style-type: none">• Going through factor and task• Planning of the execution• Equipment demands and risk assessment
1200 - 1230 Lunch	Lunch
1230 - 1515 Practical	Practical training <ul style="list-style-type: none">• Work in confined space• Four-food• Rope windlass• Breathing apparatus• Detecting
1515 - 1530 Theory	Closing & Evaluation