
Confined Space

PURPOSE:

To give the participant skills to work in small closed rooms below here planning, risk assessment, evacuation and rescue of colleague with seat belt or with stretcher, by use of four-foot, rope windlass and safety line or fall block. The participant will have to choose suitable equipment for the lowering and hoisting and use the equipment correctly and give first aid. The participant will have skills in use of detecting equipment and full breathing equipment, escape equipment and airline “hose supplied respirator”.

AIM:

After ended course the student will be able to:

- Could identify Confined Space and the risks involved.
- Could point out risks and minimize them.
- Could work in Confined Space.
- Could plan and work in Confined Space.
- Could complete evacuation and start rescue of a colleague with the right rescue equipment.
- Could choose suitable safety equipment for use at entering of Confined Space and use it correctly.
- Could use escape apparatus (10 min. escape exercise).
- Could use full breathing apparatus (compressed air apparatus).
- Could use Airline system (hose supplied respirator).
- Could work in Confined Space with use of full breathing apparatus.
- Could use portable and manual gas detector.

Prerequisite: None

Duration: 2 days

Programme for Confined Space

Day 1:

0800 - 0815 Theory	Welcome & Introduction
0815 - 1000 Theory	Confined Space theory <ul style="list-style-type: none"> • Risk assessment at work in closed room • Physical and health related condition • First Aid • Safety equipment and user control • Detecting equipment
1000 - 1015 Coffee	Coffee
1015 - 1200 Practical	Full supplied breathing equipment <ul style="list-style-type: none"> • The structure and the mode of operation of the equipment • Getting used to the area • Use of escape apparatus
1200 - 1230 Lunch	Lunch
1230 - 1515 Practical	Practical training <ul style="list-style-type: none"> • Rescue of person in the bottom of the wind turbine • Inspection in the pump well • Road tanker in the tunnel • Well at ship
1515 - 1530 Theory	Closing & Evaluation

Day 2:

0800 - 0815 Theory	Picking up from day 1
0815 - 0900 Theory	Suspension trauma and short first aid lesson
0900 - 0945 Theory	Info to Confined Space Container and work evaluation
0945 - 1000 Coffee	Coffee
1000 - 1200 Practical	Exercise in container (service and closing of valves)
1200 - 1230 Lunch	Lunch
1230 - 1445 Practical	Exercise in container (rescue of person from the bottom) <ul style="list-style-type: none"> • Escape apparatus
1500 - 1530 Practical	Reta and closing